

Edible Playdough

Making playdough is a fun way to encourage messy tactile play and the texture can be soothing for some children. Although edible, keep an eye on your child while they are playing.

Supplies:

- 1 box Jello
- 1 cup flour
- 1 cup water
- 2 tbsp. Vegetable oil
- 2 tbsp. Salt
- 2 ½ tbsp. Cream of tartar
- Sprinkles



Instructions:

- Mix all ingredients in a pan with warm water.
- Stir the mixture constantly over medium heat.
- Stir until it starts to thicken and clump together. This may take awhile.
- When the mixture forms one large ball take it out of the pan.
- Place the playdough mixture onto a cutting board or counter lined with flour.
- Once cooled, knead with some extra flour until it is no longer sticky.
- Store it in an airtight container in the fridge for up to a week.

