



AQUATIC THERAPY INFORMATION

WHAT TO BRING

- Bathing suit
- Change of clothes
- Water bottle
- Snack for afterwards
- Appropriate floatation device per therapist instruction
- Towel
- Swim or waterproof diapers (double swim diapers are required for kids who are incontinent)
- Soap or lotions your child uses
- Bag for wet clothes

BEFORE YOUR CHILD ENTERS THE WATER

- Be sure they have used the restroom
- Please have your child rinse off in the shower prior to entering the pool

DO NOT COME

Please do NOT bring your child to water therapy if he or she has:

- Stayed home from school
- Diarrhea (must wait at least 2 weeks to resume water therapy after last bout of diarrhea)
- Fever or the flu
- Used anti-lice shampoo within the last 2 days of appointment
- A skin infection
- An open wound (not including minor scratches or abrasions)